



## Long way José

chorégraphe : Serge Fournier – Arpheuilles , France / février 2015

line dance : 32 temps – 4 murs / 3 TAGS

niveau : débutant

musique : long way José - Tim Hicks - CUBAIN -RUMBA – BPM : 120

**introduction : 18 temps**

### **RUMBA BOX**

1 à 4 pas PG côté G – pas PD à côté du PG – pas PG avant – **HOLD**

5 à 8 pas PD côté D - pas PG à côté du PD – pas PD arrière – **HOLD**

### **SIDE TOGHETER , SIDE , HOLD , CROSS ROCK , RECOVER , TURN ¼ RIGHT , HOLD**

1 .2.3 STEP-TOGHETER-STEP : pas PG côté G – pas PD à côté du PG – pas PG côté G

4 **HOLD**

5. 6 CROSS ROCK STEPS D devant , revenir sur PG derrière

7.8 1 /4 de tour D ....pas PD avant – **HOLD** – 3:00 -

### **STEP LOCK STEP , HOLD ,STEP PIVOT ½ TURN ,STEP , HOLD**

1.2.3 Pas PG avant - lock PD derrière PG – PG Avant

4 **HOLD**

5.6 .7 PAS PD avant – 1 /2 tour pivot vers G ( appuiPG) – PD avant -

8. **HOLD**

### **SLOW SIDE ROCK & CROSS x 2**

1 .2.3 ROCK STEP latéral G côté G , revenir sur PD côté D – CROSS PG devant PD

4 **HOLD**

5.6.7 ROCK STEP latéral D côté D, revenir sur PG côté G – CROSS PD devant PG

8 **HOLD**

**A la fin du 2 eme mur ( 6:00 ) et du 6 eme mur ( 6:00 ) :**

**1 .2. LUNGE : grand pas PG côté G , slide PD près PG**

**3 .4 BUMP latéraux D.G**

**5.6 LUNGE : grand pas PD côté D , slide PG près du PD**

**7.8 BUMP latéraux G.D**

**A la fin du 4 eme mur ( 12:00 ) ( 4 temps )**

**1 .2.3.4 BUMP HIPS latéraux alternés : G .D .G.D .**

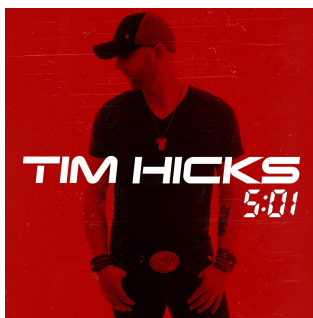
**FINAL / 3:00 : rumba box ( idem section 1 ) + 1 .2.3 .4 ( idem section 2 ) 3:00 finir appui PD**

**5 .6.7 sailor step PG devant PD ¼ Tour à gauche PG avant**

**8 **HOLD** 12:00**

## **LONG WAY JOSEE**

*There's a bird living in my beard  
And if I let it grow down to here  
I won't need no clothes  
If the wind don't blow  
I've been drinking this Cuervo gold like I own half of Mexico  
And I don't think that I wanna ever leave  
We've come a long way Jose  
Eighteen minutes twenty-two hours three hundred twenty-nine days  
You taught me to shoot straight my faithful compadre  
It's all been one hell of a ride  
Just watching those palm trees sway  
We've come a long way Jose  
It all started when she took off her ring  
Laughed at me ha! and gave it a fling right into the sand  
Then went off with some man  
I got a metal detector I'm ok  
Seems a four carat diamond ring goes a long long way  
And I'm fine cus I got a credit line  
We've come a long way Jose  
Nineteen minutes twenty-two hours three hundred twenty-nine days  
You taught me to shoot straight my faithful compadre  
It's all been one hell of a ride  
Just watching those palm trees sway  
We've come a long way Jose  
You taught me to shoot straight my faithful compadre  
It's all been one hell of a ride  
Just watching those palm trees sway  
We've come a long way Jose  
Twenty-one minutes twenty-two hours three hundred twenty-nine days  
You taught me to shoot straight my faithful compadre  
It's all been one hell of a ride  
just watchin those palm trees sway  
We've come a long way José*



**LIVE LOVE DANCE**

