

# My Beautiful Life

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Count: 64      Wall: 2      Level: Intermediate

Choreographer: **Roosamekto Mamek, Indonesia & Mayee Lee, Malaysia (September' 2016)**

Music: Beautiful Life by Sasha Lopez feat. Tony T & Big Ali

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Intro: 48 counts

**Choreographer's Note:** The music used has been edited at Introduction. The Original music is longer by 56 counts.

## **S1: ROCK FORWARD, RECOVER, TOGETHER, FORWARD, PIVOT 1/2 TURN LEFT COASTER STEP COASTER STEP.**

1-2&    Rock R forward – Recover on L – Step R together  
3-4&    Rock L forward – Recover on R – Step L together  
5-8      Step R forward – Turn ½ left – Step R forward – Turn ½ left      12.00

## **S2: HEEL JACK, BALL CROSS, BACK TURN 1/4 RIGHT, SIDE, CROSS SHUFFLE**

1-2&    Step R to side – Cross L behind R – Step R to side  
3&4    Touch L heel forward – Step L together – Cross R over L  
5-6    Turn ¼ right step L back – Step R to side  
7&8    Cross L over R – Step R to side – Cross L over R      3.00

## **S3: SIDE ROCK, RECOVER, BEHIND, SIDE, CROSS**

1-2    Rock R to side – Recover on L  
3&4    Cross R behind L – Step L to side – Cross R over L  
5-6    Rock L to side – Recover on R  
7&8    Cross L behind R – Step R to side – Cross L over R      3.00

## **S4: SIDE ROCK, RECOVER, TOGETHER, JAZZ BOX**

1-2&    Rock R to side – Recover on L – Step R together  
3-4&    Rock L to side – Recover on R – Step L together  
5-8    Cross R over L – Step L back – Step R to side – Step L forward (*Tag & Restart*)      3.00

## **S5: ROCK FORWARD, RECOVER, SHUFFLE 1/2 TURN RIGHT, FORWARD, RECOVER, HEEL & HEEL**

1-2    Rock R forward – Recover on L  
3&4    Turn ¼ right step R to side – Step L together – Turn ¼ right step R forward  
5-6    Rock L forward – Recover on R  
&7&8    Step L back – Touch R heel forward – Step R beside L – Touch L heel forward      9.00

## **S6: TOGETHER, ROCK FORWARD, RECOVER, BACK SHUFFLE, FULL TURN LEFT, ¼ TURN L SIDE SHUFFLE**

&12    Step L beside R – Step R forward – Recover on L  
3&4    Step R back – Step L on ball in front of R – Step R back  
5-6    ½ turn L step L forward – ½ turn L step R back      9.00  
7&8    ¼ turn L step L to L – Step R beside L – Step L to L      6.00

## **S7 : CROSS, SIDE , SAILOR STEP, CROSS, SIDE, SAILOR STEP,**

1-2    Cross R over L – Step L to L  
3&4    Step R behind L – Step L on ball beside R – Step R to R  
5-6    Cross L over R – Step R to R  
7&8    Step L behind R – Step R on ball beside L – Step L to L      6.00

## **S8 : R BOTAFOGO, L BOTAFOGO, JAZZ BOX**

1&2    Cross R over L – Step L to L – Recover on R  
3&4    Cross L over R – Step R to R – Recover on L  
5 – 8    **Cross R over L – Step L back – Step R to side – Step L forward**      6.00

**Tag & Restart :** During wall 5 (12.00), dance 32 counts, add 4 counts Tag & restart facing 12.00

1 – 4    **Step R to R – ¼ turn L recover on L – Step R forward – Step L forward**

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